

FACTS

What is Serious and Persistent Mental Illness (SPMI)?

Mental illness is a biological brain disorder that can disrupt a person's ability to perform daily tasks. It can affect a person's thinking, emotions, mood, and ability to relate to others. People of any age, race, religion, gender, or socioeconomic status can have a mental illness. Types of SPMI include major depression, bipolar disorder, schizophrenia, and borderline personality disorder. Mental illness is treatable and recovery is possible.

Contacts

Sherburne County Health and Human Services

13880 Business Center Dr
Elk River, MN 55330

800-433-5239
763-765-4000

www.co.sherburne.mn.us



Four County Crisis Response Team

800-635-8008
320-253-5555

SHERBURNE COUNTY
HEALTH AND HUMAN
SERVICES

ADULT MENTAL HEALTH CASE MANAGEMENT SERVICES



Community serves

Most individuals diagnosed with a mental illness, experiencing emotional crisis or having difficulty with daily life seek services from mental health professionals in the community. Examples of this are Therapists and Psychiatrists. These professionals can be located and contacted by calling a community mental health agency.

WHO WE SERVE

Sherburne County Adult Mental Health serves Sherburne County residents who are experiencing severe and persistent symptoms related to mental illness that require more intensive mental health services. These individuals need more coordinated care. A comprehensive mental health assessment is used to determine consumer eligibility for **case management services**.

YOU MAY BE ELIGIBLE IF YOU MEET THE FOLLOWING CRITERIA

- Undergone two or more episodes of inpatient care for mental illness within the preceding 24 months.
- OR**
- Experienced a continuous psychiatric hospitalization or residential treatment exceeding six months duration within the preceding 12 months.
- OR**
- Diagnosed with Schizophrenia, Bipolar Disorder, Major Depression, or Borderline Personality Disorder **AND** are reasonably likely to have future episodes requiring inpatient treatment.
- OR**
- Have been treated by a mental health crisis team 2 or more times within the preceding two years.

RULE 79 CASE MANAGEMENT SERVICES

Sherburne County Adult Mental Health case managers can provide assistance to individuals who are eighteen years of age or older with a Serious and Persistent Mental Illness (SPMI). Recovery-oriented, solutions-based case managers can help consumers to meet their individual needs by:

- Identifying needs
- Assisting stabilization of mental health
- Developing support goals
- Obtaining needed mental health services
- Referring to housing support and employment services
- Coordinating of services through monthly contact