

# **Sherburne County Childcare Association**

## **Training Schedule for 2021/2022**

**HELLO PROVIDERS!! We are your local County Childcare Association. We have been offering support services for providers for 38+ years. This Association is here to help educate & mentor providers and offer the yearly required accredited trainings. Our trainings will be listed on the Develop website. We welcome all licensed childcare providers, Helpers, Substitutes, 2<sup>nd</sup> Adult Caregivers, Pre-school Teachers, and Center workers from the surrounding area to our trainings, even if you do not live in Sherburne or Mille Lacs County!**

**Membership is free.**

**Come meet providers from your area & get your yearly required accredited training hours too. You will have the opportunity to network and share ideas with old & new acquaintances, as well as learn a few ideas to apply to your own childcare setting.**

**We offer:**

**\*Yearly licensed required trainings, with accredited trainers through Develop.**

**\*Yearly Fire Extinguisher Re-Charge Service - October training night.**

**\*Childcare Mentoring, with Bonnie 612-516-2250**

**\*Networking & meet other area providers**

**\*Free Childcare Referral**

### **Association Planning Committee & Contact Members:**

1. Bonnie Menshek (612) 516-2250, Hire Trainers, Mentoring & Childcare Referral - Contact Bonnie to pre-register for your trainings. You can text or email [Bonnie.menshek@gmail.com](mailto:Bonnie.menshek@gmail.com)
2. Kim Weber (612) 978-0219, Treasurer and Welcomes new providers.
3. Terri Montgomery (763) 389-2492 Facebook page.

If you have any questions/concerns, please contact a member listed above. Plus, we are always looking for providers to join our planning committee or anyone who has new ideas.

**To keep track of any upcoming changes such as training location, weather cancelations, or etc. please watch our Facebook site for any announcements.**

# Sherburne County Childcare Association (continued)

**\*Join our Facebook page – Sherburne/Mille Lacs County Licensed Daycare Providers. We only allow licensed provider to join this FB page.**

## Trainings:

\***Pre-registration** is required one week prior to training date, with Bonnie ([bonnie.menshek@gmail.com](mailto:bonnie.menshek@gmail.com) or text or call (612)-516-2250). However, we will not turn a last-minute provider away the night of a training.

\*Training dates, 3<sup>rd</sup> Tuesday of every month, Sept – April (no Dec. Training)

\***Training Location: Zimmerman Civic Center 25850 Main St. Zimmerman (EXCEPT NOVEMBER)**

\*Fee/Cost - **\$15.00 for all trainings** (except **CPR/1st Aid \$50.00**) Training fee paid the night of training, No credit cards – cash or check accepted only.

\*Remember to always bring your Develop ID # to training class. Trainer will register you into the class & it will be entered into providers training record on Develop website.

\* Time - 6:15pm Sign-in to class, Training 6:30pm to 8:30pm (**Except – Sept.21<sup>st</sup> CPR/1st Aid will be: sign-in 5:45, Training 6:00pm to 9:00pm**).

**Referral Service:** We offer a free referral service to all area providers. If you have any openings, please let Bonnie know, so that she can help you fill your childcare openings. Your name & info will be given out to all families calling & inquiring about childcare openings in the area. To get on the referral list, or to update your childcare openings, please contact Bonnie.

**Childcare Mentor:** Bonnie Menshek 612-516-2250

If you are in need of advice, looking for answers to questions, just need a listening ear to vent to, or want to get to know other providers in your area, Bonnie can direct you in the right direction. We are hoping this service is useful to new and old providers!!!

**\*\*\*\*DOOR PRIZES GIVEN AWAY AT EACH TRAINING\*\*\*\***

## Trainings

**Sept. 21, 2021 – CPR/1<sup>st</sup> Aid/AED** Time 6:00 to 9:00pm, Fee \$50.00 Trainer – Steve Dittbenner/ Elk River EMT & Heartsaver/American Heart Association instructor.

Steve makes this class move along quickly, plus also he makes it fun. This class will help you recognize & deal with emergencies, injuries and sudden illnesses in your child care settings. This class will cover basic first aid, injury prevention, and safety information. This will be the only training class that has a limited number of attendees.

Pre-register early with Bonnie, because this class fills up fast.

## Sherburne County Childcare Association (continued)

**Oct. 19, 2021 (5:50 to 7:15pm)** – Fire Extinguisher Recharge, by JN Johnson Fire Extinguishers Sales & Service - fee \$6.00, in parking lot. October is Fire Safety Month. Fire extinguishers need to be re-serviced once a year & this is a good time to get on our schedule of recharging yours each year. You can choose to come only to have your fire extinguisher serviced & not stay for the training.

**Oct. 19, 2021 (6:30-8:30pm)** – **Why We Should Grant Children Their Emotions: The Real Story** KCF 2c                      Fee \$15.00                      Trainer – Jessica Rogers

Introduce teachers to the importance of helping children express their emotions. Explore strategies for increasing trust, while considering the consequences of not granting children their emotions for healthy child development. Participants will examine how to empathize with children by recognizing their expressed emotions. Joy, surprise, sadness, shame, guilt, and pride are a few emotions we will explore. We will help little ones learn how to process what they feel without a tantrum/explosive behavior, plus learn about stress and anxiety within children.

**Nov. 16, 2021** – **Keep It Positive: Behavior Guidance That Works**    CDA 3, KCF 2c  
Time 6:30 to 8:30pm                      Fee \$15.00                      Trainer – Hollee Saville                      **CD/BG**

This training will be held at Zimmerman City Hall, 12980 Fremont Ave, Zimmerman

Hit. Kick. Tattle. Whine. Does this sound like a typical day in your program? Let's change that! Help children identify their feelings, express them appropriately, resolve conflicts, boost self-esteem, increase empathy, & improve communication through positive behavior guidance, your environment, & simple, yet effective, tools. You'll leave ready to tame tantrums, wane whining, prevent pushing, banish biting, thwart tattling, halt hitting, stop screaming, lessen lying, and more.

**Dec. 2021** – No training, "MERRY CHRISTMAS & HAPPY NEW YEAR!"

**Jan. 18, 2022** – **Health and Safety 1 – Family Childcare** KCF VII.A                      **SS**  
Time 6:30 – 8:30pm                      Fee \$15.00                      Trainer – Jill Hylla

This counts toward your yearly Active Supervising Safety class & this Health and Safety 1 class must be repeated every 5 years, which means many providers are due now to repeat this class this year. Next January 2023 we will offer the Health and Safety 2 class.

This series-based course, intended for experienced providers, meets Licensing in-service requirements as well as the health and safety requirements from the Child Care Development Fund. Participants will explore MN Rule 2 licensing standards and best practices around health and safety.

**CD/BG** = Child Development / Behavior Guidance training (2 hours in either category required annually)  
**SS** = Supervision / Safety training (2 hours required annually)

## Sherburne County Childcare Association (continued)

**Feb. 15, 2022 – Open Forum: Providers Open Discussion Night** Time 6:30 - 8:30pm  
Fee \$15.00 2 hour training credit.

Come & listen to the Sherburne County licenser as she will update us all on any new rules from this last year & answer any questions you may have. After the licenser leaves, we will move right into open discussion, problem solving, and learn how other providers enforce their wording in their policy & contracts. This is a 2-hour training that providers ask for every year. We will discuss any questions & help do some problem solving together. All providers will have time to share what they feel is important to have in their policy & contact. **Light dinner & bottled water will be provided, and all providers will go home with a “Thank you” appreciation door prize (local businesses, gift certificate) from our association.**

**March 15, 2022 – De-clutter & De-stress Your Way to Success** CDA 6, KCF VI Time  
6:30 – 8:30pm Fee \$15.00 Trainer – Hollee Saville

If you’ve ever watched a “hoarding” show and thought, “Amateurs,” or you simply want to be more organized, then this is the training for you! Learn simple and specific solutions to de-clutter and organize your childcare and time. Take proactive and deliberate steps to keep organized and reduce stress so that you can spend your time enjoying life and the children in it!

Warning: may instill a strong desire to rush home and organize everything!

**April 19, 2022 – Sudden Unexpected Infant Death/Abusive Head Trauma**  
**(DHS)** Time 6:30 to 8:30 Fee \$15.00 Trainer – Pam Bohm

This class meets DHS Licensing training requirements for both Sudden Unexpected Infant Death (SUID) and Abusive Head Trauma (AHT). Content includes recommendations to reduce Sudden, Unexpected Infant Deaths (SUID) including SIDS, suffocation, and other sleep related infant deaths; safe sleep environments; MN Child Care regulations related to safe sleep; as well as symptoms and consequences of abusive head trauma, risk factors for abusive head trauma; strategies to use when stressed, angry or frustrated.

**No trainings during the summer months.**