



Seniors and Law Enforcement Together Present

# 23<sup>rd</sup> Annual Senior Day Out

## Crime Prevention & Safety Event for 55+

### Date/Time:

Thursday, May 16, 2019  
8:00 a.m. to 2:00 p.m.  
\* Check-In Begins at 7:30 am

### Location:

Friendly Buffalo  
16722 – 198<sup>th</sup> Ave NW  
Big Lake, MN 55309

### Cost:

\$9 per person  
\* Includes presentations on various topics, breakfast treats, lunch buffet, refreshments, and resources!

### Register By:

Wednesday, May 1<sup>st</sup>  
\* Event Registration Options Below

### About SALT:

The Seniors and Law Enforcement Together Council (SALT) works to identify the needs of our senior community and develop programs to address those concerns. Senior volunteers, representatives from local law enforcement agencies, County Attorney's office, Retired and Senior Volunteer Program, Elk River Activity Center and other local organizations help to support our senior population by serving on this Council.

**Donations that help to defer registration costs have been received from the Sherburne County Attorney's Office and the Eddy Family Foundation. Thank you!!!**



*Treat yourself and your friends to a day of learning and conversation!*

Learning  
Prizes Fun  
Seniors  
Resources  
Friends  
Food

**Lunch Includes:** Assorted deli sandwiches with various fixings, chips, pasta salad, and dessert.

This is a great learning opportunity and a way to make new connections. Converse with other seniors and your local law enforcement staff, among others.

Vendors will also be on hand during break times so you can learn more about community services available to you. We hope to see you there!



Payments can be made:

- By credit or debit card (Call Activity Center at 763-635-4500)
- In person
- By cash or check\*
- Or online at [www.ElkRiverMN.gov/register](http://www.ElkRiverMN.gov/register)

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Check #: \_\_\_\_\_ Amount: \_\_\_\_\_

\* Please make checks payable to the **City of Elk River** and return with registration form(s) to: Elk River Activity Center, Attn: SDO, 413 Proctor Avenue, Elk River, MN 55330  
Questions? Contact the Activity Center at 763-635-4500 or Deputy Schreder at 763-765-3579.

### Program Highlights:

#### Home Security in a Digital World

- By Shane Salmonson, Store Manager, Home Depot, Elk River

#### Fall Prevention: Stay Safe, Stay Independent

- By Dr. Brent Johnson, PT, DPT, Physical Therapy Consultants, Inc.

#### The Down and Dirty of Defensive Driving

- By Lisa Kons, MN Safety Council

#### Modifications to Extend Your Independence

- Tony Masters, Sherburne County Health and Human Services
- Cummings Mobility

#### Law Enforcement Updates

- Learn about law enforcement services, crimes, and trends in our area from agency leaders

#### Cancellation/Refund Policy:

- Cancelled registrations received by May 1st will receive a full refund.
- No refunds will be given after May 1st.

**Full payment is due with registration. Pre-registration is required by May 1<sup>st</sup>!**

<https://www.co.sherburne.mn.us/514/Programs>

#### Event Registration: