



# *Sherburne County Resource Directory*

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## Childcare/Daycare/Pre-School Programs

### **Sherburne County**

#### ***Sherburne County Health and Human Services***

**763-765-4000**

**800-433-5239**

- Assists low income families (*Basic Sliding Fee*) or MFIP recipients (*MFIP or Transitional Year*) with childcare expenses. Go into Social Services and complete an application to see if you are eligible.
- Also have a list of in-home licensed providers.

#### ***Boys and Girls Club***

**763-241-5000**

- Offers a wide variety of programs and activities for youth ages 6-18 years old.

#### ***Sherburne County Crisis Nursery Service***

**763-765-4000**

**800-433-5239**

- Provides emergency temporary/overnight child care assistance for children 12 and under that are residents of Sherburne County.

#### ***Early Child Family Education (ECFE)***

**763-241-3524**

- ECFE offers different parenting classes, groups and even home visits for parents and their children.

### **St. Cloud**

#### ***Child Care Choices, Inc***

**320-251-5081**

**800-288-8549**

- Provides a list of daycare providers in your area and assists with finding appropriate childcare.
- Covers Sherburne, Benton, Stearns and Wright Counties.

#### ***Head Start***

**320-253-8110**

**800-848-4912**

**Ext 2752**

- Educational program for low income families for children from birth to five years old.

#### ***MN Department of Education***

**651-582-8200**

- Answers to questions about birth to post secondary education in Minnesota

## Clothing / Furniture / Household Items

**\*\* Check with your local Food Shelf as they often carry clothing and furniture \*\***

### **Elk River**

#### ***ABBA Crisis Pregnancy Center***

**763-441-7777**

- This is a 24 hour hotline.
- Located at 953 4<sup>th</sup> Street
- Assists with clothing and furniture for pregnant and single women and their children.

#### ***Goodwill Easter Seals***

**763-274-1822**

- Store hours: Monday-Friday 9-9; Saturday 9-6 and Sunday 11-6
- Donation hours: Monday-Friday 9-8; Saturday 9-5 and Sunday 11-5
- Located at 19463 Evans Street South
- Thrift store that offers used clothing, furniture and household items at low prices.

**Princeton**

***Princeton Used Clothing Center***

**763-389-8380**

- Located at 116 Rum River Road, Room 9
- Used clothing at low prices.

**St. Cloud**

***Caritas Family Services***

**320-229-4560**

- Hours Monday 1-6pm, Wednesday 6-8pm, Thursday 1-4pm, Friday 9am-12pm
- Located at 157 Roosevelt Road, Room 100
- Provides clothing and household items to individuals and families once a month at no cost.
- Serves: St. Cloud, Sauk Rapids, Sartell, and Waite Park. You must provide ID for all members of the household

**Waite Park**

***Goodwill Easter Seals***

**320-654-9012**

- Store hours: Monday-Friday 9-9, Saturday 9-6 and Sunday 11-6
- Donation hours: Monday-Friday 9-8, Saturday 9-5 and Sunday 11-5
- Located at 50 S 2<sup>nd</sup> Avenue in Waite Park
- Thrift store that offers used clothing, furniture and household items at low prices.

**Crisis Services/ Family Support/ Domestic Abuse**
  
**\*\*\*Minnesota Domestic Violence Crisis Line 866-233-1111\*\*\***

**Monticello**

***Rivers of Hope***

**763-295-3433**

**800-439-2642**

- Services Sherburne and Wright Counties to assist with safety issues in regards to domestic abuse.

**Elk River**

***ABBA Crisis Pregnancy Center***

**763-441-7777**

- Free pregnancy testing, support groups, counseling, speakers, clothing and furniture for expecting mothers.

**Sherburne County**

***Faith in Action of Sherburne County***

**763-234-3586**

- Faith in Action is an interfaith volunteer care-giving organization that connects volunteers to their neighbors in need.

***Parenting Apart***

**763-241-3524**

- An eight hour class is offered once a month on a Saturday for parents with children that are going through separation, divorce, and/or paternity issues. Some of the issues that are covered include: paternity and custody, child support and financial assistance, conflict resolution, personal safety, intimacy and relationships, grief, impact on children, development of a parenting plan and community resources
- \$55 fee

**Single Parent Support Group** 763-241-3524

- Tuesday nights
- Free

**St. Cloud**

**Central MN Sexual Assault Center** 800-237-5090

- 24-hour crisis intervention center for victims of all forms of sexual violence.

**Anna Maries** 320-253-6900

800-950-2203

- Dedicated to providing safe shelter, support, and referral services for battered women and their children.

**Single Parents Support Group** 320-253-2664

- Located at the YMCA in St. Cloud
- Support group for single parents every Friday from 6-8 pm.
- There is a \$20 fee
- Child care is provided.

**Family Life and Respect Life office** 320-252-4721

- Assists families needing help with marriage and pre-marriage preparations,
- Parenting education, marriage enrichment, sexuality and values education.

**Catholic Charities – Caritas Family Services** 320-650-1660

800-830-8254

- Presentations and workshops on marriage, parenting, household crisis,
- Family or couples communications.

**New Beginnings** 320-255-1253

- Provides services to pregnant women 14 years of age and older in residential setting, including counseling, classes and groups.

**Crisis Pregnancy Center** 320-253-1962

- Pregnancy and STD testing, counseling or options, and resources and education on choices.

**Birthline, Inc.** 320-252-4150

320-253-4848

- Located at 1411 St. Germain St. West, Room 5
- Baby clothing, baby furnishings and maternity clothing referrals.
- They also offer parenting classes and a support person for delivery and mentors for unexpected fathers.
- Web site: [www.birthline.org](http://www.birthline.org)

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**Disability Assistance**

**Disability Benefits 101**

- Disability Benefits 101 gives you tools and information on health coverage, benefits, and employment. You can plan ahead and learn how work and benefits go together.
- [www.db101.org](http://www.db101.org)

**Soar**

- [www.prainc.com/SOAR](http://www.prainc.com/SOAR)
- This link is to a directory of agencies that provide free SSI Advocacy service in Minnesota. <http://edocs.dhs.state.mn.us/lfserver.Public/DHS-5889-ENG>
- Disclaimer ~ We as an agency cannot pick and choose the providers for our clients. The information provided is to assist clients in choosing their own advocate.

## Education/School Districts

**\*\*\*Contact your children's school if you are not receiving free or reduced school meals\*\*\***

### **Becker**

***School District 726***

**763-261-4502**

### **Big Lake**

***School District 727***

**763-262-2536**

### **Elk River**

***School District 728***

**763-241-3400**

### **Princeton**

***School District 477***

**763-389-2422**

## Energy/Fuel Assistance

***Sherburne County Health and Human Services***

**763-765-4000**

**800-433-5239**

- Provides temporary financial need for needy families, medical assistance, food support, childcare subsidies, and child support for those who are eligible.

***Tri-Cap***

**320-251-1612**

**888-765-5597**

- Designed to help eligible households cope with rising energy costs and promote energy conservation.
- You may apply if you own or rent a home or an apartment, pay heating or electric costs and if your household income equals 150% or less of the federal poverty guidelines.
- Applications can be downloaded from their web site: [www.tricap.org](http://www.tricap.org)

***Salvation Army Heat Share***

**320-252-4552**

**888-220-4850**

- Assists with heat share.

## Financial Aid Information

***Federal Student Aid Information***

**800-433-3243**

- Contact your school's financial aid office
- Apply online at: [www.fafsa.ed.gov](http://www.fafsa.ed.gov)

## Financial Services

### Sherburne County

#### *Sherburne County Health and Human Services*

**763-765-4000**

**800-433-5239**

- Provides temporary financial need for needy families, medical assistance, food support, childcare subsidies, and child support for those who are eligible.

### Elk River

#### *CAER*

**763-441-1020**

- Very limited financial assistance after all other resources has been exhausted.
- You will need to show a written denial stating the reason for denial from the county and phone call verification of denial from other resources (Tri-Cap, Salvation Army).
- Available to those in the Elk River School District.

### St. Cloud

#### *Caritas Family Services*

**320-229-4560**

- Provides immediate short-term assistance and brief crisis counseling.
- Identification is required.

#### *Salvation Army*

**320-252-4552**

- Assists with bus tokens, heat share, gas vouchers, limited financial assistance and limited rental assistance.

#### *Social Security & SSI*

**800-772-1213**

- Will help with retirement and disability financial services

#### *Tri-Cap*

**320-251-1612**

**888-765-5597**

- Assists with setting realistic budgets and repairing your credit.
- They offer classes for rebuilding your credit and rental history.

#### *Catholic Charities Caritas Family Services*

**320-252-4121**

- Financial and money management counseling, support groups, seminars and workshops

#### *First Call for Help*

**211**

**800-543-7709**

## Food Shelves/Programs

### Becker

#### *Food Shelf*

**763-261-4612**

- Contact person: Janet
- Hours: Tuesday 9-11am, and Thursday 4-5:30pm
- Located at City Hall. You must provide verification that you live in Becker School District (mail, driver's license, tax return). There is a 2 times per month limit.

## **Big Lake**

### ***Food Shelf***

**763-263-2432**

- Hours: Monday and Thursday 5:30-7:30 pm, Wednesday 9:00-11:00am, and the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays of the month 9-11am
- Located at City Hall. You must be a resident of the Big Lake School District and be able to provide documentation. They provide a three day supply of food once a month. Martin Pefermann 763-263-5958

## **Clearwater**

### ***Food Shelf***

**320-558-2954**

- Contact person: Julie Neisch
- Hours: Tuesday 9-11am and 6-8pm, and Wednesday 3-5pm. If you have an emergency leave a message, they are checked daily at 3pm.
- Located at Lions Community Building in Clearwater. Service area is Clearwater and Clear Lake. Your monthly expenses must be more than half of your monthly income.

## **Elk River**

### ***CAER***

**763-441-1020**

- Hours: Monday 10-3pm and 6-8pm, Wednesday 10-3pm, Thursday 6-8pm, and Friday 10-3pm. You must arrive one hour before closing time.
- Located at 19279 Watson Street in Elk River. You must be a resident of the Elk River School District.

## **Princeton**

### ***Princeton Pantry***

**763-631-3578**

- Hours: Monday and Wednesday 1-3pm, and Friday 9-11am. Emergency number is 763-389-2777
- Located at 104 South 6<sup>th</sup> Avenue in Princeton. Behind the K-Bob Café.
- Food Shelf for those in need.

## **St. Cloud**

### ***Caritas Food Shelf***

**320-229-4560**

- Hours: Monday 1-6 pm, Wednesday 1-8 pm, Thursday 1-4pm, and Friday 9am-12pm.
- Located at 157 Roosevelt Road, Room 100 in St. Cloud. Provides food staples, household items and paper products.
- Serves: St. Cloud, Sauk Rapids, Sartell, and Waite Park. You must provide ID for all members of the household

### ***Good News Assembly of God Food Shelf***

**320-255-0620**

- Hours: open the 4<sup>th</sup> Tuesday of the month. Seniors and physically disabled 1-3pm, everyone else arrive at 6pm
- Located at 712 17<sup>th</sup> Avenue South in St. Cloud. They provide free food staples, clothing, and hair cuts

### ***Salvation Army Food Shelf***

**320-252-4552**

- Hours: Monday-Thursday 9-11am and 1-4pm.
- Located at 400 Hwy 10 South  
Provides 5-7 days supply of food once a month for residents of Stearns, Benton, Sherburne

### ***Salvation Army Community Lunch Program***

**320-252-4552**

- Hours: Monday-Friday 11:30am-12:45pm Located at 400 Hwy 10 South in St. Cloud.

## Other Food Programs

### Elk River

#### *Fare for All*

**800-582-4291**

- Located at Guardian Oaks, 350 Evans St. in Elk River.
- You can receive \$35-\$40 worth of food for \$17 and two hours of community service or volunteer work. You can assist them with food give away for your community service hours also. They accept cash, food stamps, EBT cards and money orders.

### *Women, Infants & Children Program (WIC)*

**763-241-2768**

**800-433-5237**

- Hours: Monday thru Friday 8-4:30pm
- Provides nutrition information, vouchers for milk, cheese, eggs, juice and cereal, health care referrals, immunization for residents of Sherburne County.

### St. Cloud

#### *Fare for All*

**800-582-4291**

- Hours: One Saturday a month, call for dates and times.
- Located at Salem Lutheran Church, 90 River Drive SE and 1757 West St. Germain Street
- You can receive \$28 to \$35 worth of food for \$15 to \$16 and two hours of community service or volunteer work. You can assist them with food give away for your community service hours also. They accept cash, food stamps, EBT cards and money orders.

### Zimmerman

#### *Fare for All*

**800-582-4291**

- Located in the dining room at Pine Cone Manor Senior High Rise, 12612 3<sup>rd</sup> Ave.
- You can receive \$28 to \$35 worth of food for \$15 to \$16 and two hours of community service or volunteer work. You can assist them with food give away for your community service hours also. They accept cash, food stamps, EBT cards and money orders.

## Homeless Shelters/Emergency Shelters

### St. Cloud

#### *Housing Coalition*

**320-259-7676**

- Hours: Monday-Friday 8am-4:30pm
- Homeless shelter, transitional housing and subsidized rental units for families

#### *Salvation Army Shelter*

**320-252-2229**

- Open after 3pm
- 400 Hwy 10 South

#### *Landon Place Community Shelter*

**320-229-7684**

- Office hours: Monday-Friday 8am-9pm
- Homeless shelter for families with children

#### *Place of Hope Ministries*

**320-203-7881**

- Serves homeless, chemically dependant people needing emergency shelter
- Support groups for adults and children

**American Red Cross**

**320-251-7641  
800-560-7641**

- Serves disaster victims with emergency communication, travel and financial assistance

**Anna Marie’s Woman’s House**

**320-253-6900  
800-950-2203**

- Battered women and their children shelter
- Provides support groups, childcare, and housing assistance

**Anoka**

**Alexander House**

**763-780-2330**

- Shelter for battered women and their children

**Ferry Street Shelter**

**763-323-7006**

- Adult only shelter

**Home Free**

**763-559-4945**

- Provides shelter for battered women and their children

**Rise Homeless Shelter**

**763-786-8334**

- Provides mental health services to homeless individuals

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**Housing Authorities / Affordable Housing / Low Income Housing (Subsidized)**

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**US Department of Housing and Urban Development (HUD)**

**612-370-3000**

- HUD's mission is to increase homeownership, support community development and increase access to affordable housing free from discrimination.
- Hours: Monday-Friday 8am-4:30pm

**St. Cloud**

**Housing & Redevelopment Authority (HRA)**

**320-252-0880**

- Winter hours: Monday-Friday 7:30am-4:30pm
- Summer hours: Monday-Thursday 7:30am-5pm and Friday 7:30-11:30am (Memorial Day-Labor Day)
- Apply for Section 8 Rental Assistance Program if you are paying over 30% of your income for rent.

**Habitat for Humanity**

**320-656-8890**

- Habitat works in partnership with people in need to build and renovate decent, affordable housing. The houses then are sold to those in need at no profit and with no interest charged.

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**Legal Issues/ Tenants (renters) Rights/ Foreclosure/ Employment Rights**

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**St. Cloud Area Legal Services**

**320-253-0121  
888-360-2889**

- Income eligible and they will assist with those who have had any housing problems from evictions to fair housing

<b><i>Central Minnesota Legal Services</i></b>	<b>320-253-0138 800-622-7773</b>
➤ Provides free legal assistance to low income people who qualify for assistance	
<b><i>MN Disability Law Center</i></b>	<b>612-332-1441 800-292-4150</b>
➤ Addresses the unique legal needs of persons with disabilities	
<b><i>MN Governor's Council on Developmental Disabilities</i></b>	<b>651-296-4018 800-348-0505</b>
➤ Mission is to provide information, education, and training to build knowledge, develop skills, and change attitudes that will lead to increased independence, productivity, self determination, integration and inclusion for people with developmental disabilities and their families.	
<b><i>MN Statutes, Laws, and Rules</i></b>	<b>651-296-2868</b>
➤ Minnesota Statutes, Session Laws, and Rules are compiled by the Office of Reviser of Statutes.	
<b><i>MN Department of Human Rights</i></b>	<b>651-296-5663 800-657-3704</b>
➤ Discrimination complaints in the areas of employment, housing, public accommodations, public services assisting and enforces Minnesota Human Rights Acts	
<b><i>Attorney General's Office</i></b>	<b>651-296-3353 800-657-3787</b>
➤ Provides answers to questions about landlord and tenant rights, mobile homes, mortgages and other consumer issues	
<b><i>Wright County Community Action (WCCA)</i></b>	<b>320-963-6500</b>
➤ Provides assistance through the following: mortgage and rent assistance, home rehabilitation loans, home buyer training, and home weatherization	
<b><i>US Department of Housing and Urban Development (HUD)</i></b>	<b>612-370-3000</b>
➤ HUD's mission is to increase homeownership, support community development and increase access to affordable housing free from discrimination.	
➤ Hours: Monday-Friday 8am-4:30pm	
<b><i>Foreclosure Prevention Assistance Program</i></b>	<b>651-296-3353 800-710-8871</b>
➤ Assists with foreclosures due to temporary financial crisis by providing case management services and sometimes mortgage payment	
<b><i>Village Financial Resource Center</i></b>	<b>800-450-4019</b>
➤ Provides budget counseling, debt management, mortgage foreclosure prevention and information	
<b><i>MN Housing Finance Agency</i></b>	<b>651-296-7608 800-657-3769</b>
➤ Addresses Minnesota's basic housing needs and helps to build stronger communities.	
<b><i>MN Mortgage Foreclosure Prevention Association</i></b>	<b>763-783-4705</b>
➤ Provides support, networking, information and education in the field of foreclosure prevention	
<b><i>Minnesota Department of Labor and Industry</i></b>	<b>651-284-5005</b>

800-342-5354

- Workplace/Occupational safety and health issues including workplace violence, enforcement agency, offers enforcement outreach materials and on site consultations.

**Workers Compensation**

651-284-5005

800-342-5354

- Medical Care for work injury, as long as it is reasonable and necessary
- Wage loss benefits for part of your lost income, benefits for permanent damage, loss of function of a body part, or to your spouse/children if you die of a work injury.
- Vocational rehabilitation services if you cannot return to your pre-injury job/employer.

**OSHA**

651-284-5050

877-470-6742

- Contact them with any safety/health workplace concerns
- They assist with standards development, enforcement, compliance assistance, and training/ education; which enable employers to maintain safe and healthy workplace.

**Better Business Bureau**

800-646-6222

- Contact them to request a report on a business or to make a complaint about a business

**Minnesota Help**

800-333-2433

- Online directory of services designed to help people in Minnesota identify resources such as human services, information and referral, financial assistance, and other forms of aid and assistance within Minnesota.
- Web site: [www.minnesotahelp.info](http://www.minnesotahelp.info)

**First Call for Help**

211

800-543-7709

**Medical/Mental Health/Dental**

**\*\*Contact Sherburne County Social Services 763-241-2600 (800-433-5239) to apply for MA, GAMC, or MN Care first\*\***

**Big Lake**

- **We Care Dental** 763-263-2222
- Dental clinic in Big Lake that accepts Medical Assistance and most other insurances
- Located at 195 Jefferson Blvd, Big Lake, MN 55309

**Buffalo**

- Allina Hospital Buffalo** 763-682-1212
- Allina Clinic Buffalo** 763-682-5225
- Buffalo Clinic** 763-682-1313
- Buffalo Urgent Care** 763-684-3696
- Central MN Mental Health Center** 763-682-4400
- Family Counseling Center** 763-682-5420

**Elk River**

- Fairview Clinic** 763-241-0373

**Monticello**

***Monticello-Big Lake Hospital*** 763-295-2945  
***Monticello Clinic*** 763-295-2921  
***Monticello Urgent Care*** 763-271-3896  
***Dentistry for Children*** 320-257-3380  
877-KID-TUTH

- Offices in Monticello, Sartell, and Princeton

***STARS Mental Health*** 763-217-5322

- Children’s and families mental health services

***Monticello-Big Lake Counseling Center*** 763-295-4001

- Programs for mental health and chemical dependency

**Princeton**

***Fairview Clinic*** 763-389-3344

**St. Cloud**

***St. Cloud Hospital*** 800-835-6652

***Mid-Minnesota Family Practice Center*** 800-575-2982

***Planned Parenthood*** 888-252-9504

- Can help with unplanned pregnancy, STD education and testing, and birth control

***Detox Crisis Unit*** 320-252-6654

**Zimmerman**

***Fairview Clinic*** 763-856-6900

***Medication Assistance Programs*** 651-431-2500

800-882-6262

- Drug companies offering free or reduced cost medication to low-income patients

**\*\*\*For referrals to an Alcohol Treatment Program call 800-252-6465\*\*\***

**Miscellaneous Resources**

***MinnesotaHelp.info***

- MinnesotaHelp.info is an online directory of services designed to help people in Minnesota. It is especially rich in resource information for seniors and their caregivers; people with disabilities and their caregivers; parents and families; and low income people.
- [www.mnhelp.com](http://www.mnhelp.com)

**Post Secondary Information**

**\*\*\*For Post Secondary Information, use the web site: [www.iseek.org](http://www.iseek.org)\*\*\***

**Anoka**

***Anoka-Hennepin Technical College*** 763-574-4700

800-847-5588

- Web site: [www.ank.tec.mn.us](http://www.ank.tec.mn.us)

**Brooklyn Center**

*High Tech Institute*

763-650-9700

888-324-9700

*Minnesota School of Business*

763-566-7777

800-231-9154

- Web site: [www.msbccollege.edu](http://www.msbccollege.edu)

**Brooklyn Park**

*Hennepin Technical College*

952-955-1300

800-345-4655

- Web site: [www.htc.mnscu.edu](http://www.htc.mnscu.edu)

*North Hennepin Community College*

763-424-0702

800-818-0395

- Web site: [www.nhcc.mnscu.edu](http://www.nhcc.mnscu.edu)

**Cambridge**

*Anoka Ramsey Community College*

763-433-1100

- Web site: [www.anokaramsey.edu](http://www.anokaramsey.edu)

*Central Beauty School*

763-691-1431

**Coon Rapids**

*Anoka Ramsey Community College*

763-433-1100

- Web site: [www.anokaramsey.edu](http://www.anokaramsey.edu)

**St. Cloud**

*Model College of Hair Design*

320-253-4222

- Web site: [www.modelcollegehairdesign.com](http://www.modelcollegehairdesign.com)

*Regency Beauty Institute*

320-251-0500

800-759-0856

- Web site: [www.regencybeauty.com](http://www.regencybeauty.com)

*Rasmussen Business College*

320-251-5600

800-852-0460

- Web site: [www.rasmussen.edu](http://www.rasmussen.edu)

*St. Cloud State University*

320-308-0121

877-654-7278

- Web site: [www.stcloudstate.edu](http://www.stcloudstate.edu)

*St. Cloud Technical College*

320-308-5000

800-222-1009

- Web site: [www.sctc.edu](http://www.sctc.edu)

*MN Department of Education*

651-582-8200

- Answers to questions about birth to post secondary education in Minnesota

## **Sherburne County Transportation Services**

### **Sherburne County**

#### ***Sherburne County Health and Human Services***

**763-765-4000**

**800-433-5239**

- Auto Readiness: available to MFIP applicants and recipients which is a loan that you may apply for with your Financial Worker for repairs or auto insurance when funds are available.
- Emergency Assistance: available to adults and families; the county will pay a lump sum payment to a vendor to avoid eviction, foreclosure, or utility shutoff.
- Can be used once in a twelve month period.

#### ***CAER***

**763-441-1020**

- Car care clinic is offered monthly on first-come, first-serve basis. They assist with some repairs on legal vehicles.
- You will need to provide verification of insurance and a valid driver's license.
- CAER is located at 19279 Watson Street in Elk River.

#### ***River Rider***

**763-263-0101**

**800-821-9719**

- Public transportation that serves Sherburne and Wright Counties.
- Reservations must be made a day in advance and fares vary based on location and destination.

#### ***Ride Share/Carpool Services***

**612-373-3333**

- They will connect people with others that are commuting to ride share (between cities, not intercity)

#### ***Pioneer Taxi***

**763-878-6611**

- 24-hour cab or courier service.

### **St. Cloud**

#### ***St. Cloud Metro Transit***

**320-251-7433**

**800-535-7190**

- Provides transit services for the cities of St. Cloud, Sauk Rapids and Waite Park.

#### ***Care Cabs (provided by yellow cab)***

**320-251-5050**

**800-535-7190**

- Provides transportation for wheelchair bound people. Fare varies and may be covered by Medical Assistance.

#### ***Yellow Cab***

**320-251-5050**

**800-535-7190**

- 24 hour cab or courier service

### **Princeton**

#### ***Rum River Interfaith Caregivers***

**763-389-3762**

- Will transport and accompany elderly or disabled to medical appointment, church activities, grocery stores and social events.

## Tax Credits/ VITA (volunteer income tax assistance)

**\*\*\*When you do your taxes, don't forget to see if you're eligible for the Federal Earned Income Credit and the Minnesota Working Family Credit. These tax credits are for people who have low to moderate incomes\*\*\***

- You need a federal tax form, federal schedule EIC form and a Minnesota long or short tax form. Most libraries and post offices have these forms with instructions available for free.
- For more information about the *Earned Income Tax Credit* call 800-829-1040
- For more information about the *Working Family Tax Credit* call 800-652-9094

### VITA

651-297-3724

- Call between the dates of February 1<sup>st</sup> and April 15<sup>th</sup> to obtain information on local sites that offer free tax assistance
- Advanced Earned Income Credit

### Internal Revenue Service (IRS)

320-251-9261

- Assistance with common tax questions

**\*\*\*In addition to the above credits, Federal Tax Credits are available for families with children and for education  
For more information on these credits call the IRS at 800-829-1040\*\*\***

## The Family and Medical Leave Act (FMLA)

**\*\*\*Talk to you employer about FMLA or contact the Department of Labor, Wage and Hours Division for more information\*\*\***

- Provides eligible employees with up to 12 weeks of unpaid, job protected leave per year. It also requires that group health benefits be maintained during the leave
- An eligible employee is one that has worked for a covered employer for at least one year and for 1250 hours over the previous 12 months and if there are at least 50 employees within 75 miles

## Unemployment Insurance

**\*\*\*If you lose you job, don't forget to apply for unemployment benefits\*\*\***

***There are 2 ways to apply for Minnesota Unemployment Benefits:***

- Complete the application online at: [www.uimn.org](http://www.uimn.org)
- Apply by phone at: 651-296-3644 or 877-898-9090

**Workforce Centers and Partners**

**\*\*\*Call toll free 888-438-5627 for the closest Workforce Center\*\*\***

**Monticello**

***Minnesota Workforce Center***

**763-271-3700**

**800-284-7425**

- Located at 406 7<sup>th</sup> St. E
- Open to the public for job search, attend classes, use computers, internet access, use telephones, fax machine, copy machine, and other resources for job searching

***Division of Rehabilitation Services***

**763-295-5894**

- Provides services to people with disabilities that want to get ready for work, or to find or keep a job

***Job Service***

**763-271-3744**

- Provides Minnesota workers with resources and information to manage their participation in the workforce

***Central Minnesota Jobs & Training Services***

**763-271-3700**

**800-284-7425**

- Assists the unemployed and the underemployed to move towards self-sufficiency
- Some programs you must meet eligibility requirements

**St. Cloud**

***Minnesota Workforce Center***

**320-654-5320**

- Open to the public for job search, attend classes, use computers, internet access, use telephones, fax machine, copy machine, and other resources for job searching

***Division of Rehabilitation Services***

**320-255-2224**

- Provides services to people with disabilities that want to get ready for work, or to find or keep a job

***Job Service***

**320-255-3266**

- Provides Minnesota workers with resources and information to manage their participation in the workforce

***State Services for the Blind***

**320-255-4800**

- If you are blind or visually impaired, they will help facilitate the achievement of vocational and personal independence