

SHERBURNE COUNTY RESOURCE DIRECTORY

FOR PERSONS WITH DEVELOPMENTAL DISABILITIES



**Developed By:
Sherburne County Developmental Disability
Advisory Committee (DDAC)
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Some of the service options provided in the following areas must be directly coordinated through Sherburne County Social Services

Developmental Disability Unit. Sherburne County follows the eligibility and policy guidelines of the Minnesota Department of Human Services (DHS) as well as policy guidelines specific to these services in Sherburne County. For more detailed information or a list of most current service providers in the area please contact Sherburne County Social Services at (763) 241-2600. You can also visit the DHS website at www.dhs.state.mn.us . If you want to explore just Personal Care Assistance (PCA), individuals can contact Sherburne County Public Health Department for more information at (763) 241-2750

If you want more general resource directions, please contact the Minnesota Disability Linkage Line at (866) 333- 2466 or www.MinnesotaHelp.info

Support Services

Case Management

~ Service can be provided to individuals diagnosed with a developmental disability and/or a related condition and living in Sherburne County. If eligible, an individual is assigned a case manager who conducts an assessment that looks at a person's strengths and need areas. The Case Manager works with the individual and if applicable, the family, to coordinate needed services. The Case Manager will then monitor effectiveness of the services and will meet with the individual and involved parties at least semi annually to review progress and continued needs.

Consumer Support Grant

~ State funded alternative to home care services of home health aide, personal care attendant and private duty nursing. This program allows an eligible person to convert a portion of payments for specific home care services into cash grants. Eligible recipients receive monthly cash grants to replace fee-for-service home care services. With county assistance, consumers can manage and pay for a variety of home and community based services. Individuals eligible for this program must be eligible for Medical Assistance, home care services and must be eligible for county case management services.

Home and Community Based Medicaid Waiver for Persons with Developmental Disability (DD)

~ Individuals living in Minnesota and diagnosed with mental retardation and/or related condition who require a level of care provided in an intermediate care facility (ICF/MR) may be eligible to receive services in other community settings, such as a family home or independent living arrangement, rather than an ICF/MR. Under the DD Waiver, a menu of cost effective alternatives are offered to help a person live in the community as fully, productively and independently as possible. Individuals eligible for this program must be eligible for Medical Assistance as well as criteria outlined under this waiver program.

Family Support Grant

~ Grant program provides a state cash grant to families of minor children with disabilities who qualify. The goal of this program is to prevent or delay out of home placement of minor children and to promote family health and social well being by facilitating access to family-centered services and supports. Individuals must be eligible for county case management services for this program.

Personal Care Assistance (PCA)

~ Program provides services to people who need help with activities of daily living and health-related functions. PCA services may be provided through hands-on assistance, supervision, cueing, redirection, and intervention for behaviors including observation and monitoring. Individuals eligible for this program must have Medical Assistance. A list of agencies that provide home care services will be given at the time of assessment.

Respite Care

~ Short term care to an individual due to the absence or need of relief of the family members or primary caregiver. Respite Care may be provided in the individual's home or in an out of home setting. Individuals eligible for this program must qualify for county case management services.

Foster Care

~ Residential service for four or fewer individuals that provides support services for individuals who are unable to live with their families. Service provides 24 hour supervision within a structured family home with food, lodging, protection, supervision and household services. This service may also provide programming services for individuals in need of additional skills training. Usually the term "foster care" is used to designate a family-based program. Due to monthly changes in active foster care homes in Sherburne County, please contact the Foster Care Licensing Department (763) 241-2600 for the most updated listings of homes.

Semi Independent Living Services (SILS)

~ County/state funded program that provides support services to individuals who are living or planning to live outside of their family environment or a licensed living arrangement. A SILS worker assists with a variety of areas associated with living independently. Individuals eligible for this program must qualify for county case management services, be 18 years of age, and plan to or currently live independently.

In-Home Family Support Services

~ Residential service provided for individuals residing in their family home to enable individual to remain in their home. Services include training of the individual and family to improve the individual's capabilities to stay at home. Services will be provided by individuals or agencies licensed by the state under the Developmental Disability Waiver program.



Community Based Residential Service Options

Intermediate Care Facility (ICF)

~ Residential Service that requires 24 hour supervision for individuals in need of active treatment and therefore a 24 hour plan of care. Sites are typically for six or more individuals.

Licensed ICF's in Sherburne County:

Dakota Communities	www.dakotacommunities.org	(763) 263-6503
Opportunity Manor	www.opportunitymanor.org	(320) 240-1900
Opportunity Partners	www.opportunitypartners.org	(763) 441-0960

Supported Living Site (SLS)

~ Residential service that provides up to 24 hour supervision for individuals in need of active treatment. Site is limited to four or fewer individuals or for individuals residing in their own independent living environment. Usually the term SLS is used to designate a corporation model, but also includes some licensed foster care homes. This residential service is an option through the Home and Community Based Waivers or private pay.

Current agencies under SLS licensing in Sherburne County:

Robert & Kay Bennington-Merdan.....	(320) 203-7598
Comprehensive Services.....	(763) 274-0351
Divine House.....	(763) 262-3255
Dungarvin www.dungarvin.com	(651) 699-0206
Brian & Linda Holmes.....	(763) 263-2166
Cheryl & Jim Jernberg.....	(320) 259-4995
Tom & Kim Johnson.....	(763) 263-8953
Mains'l Services Inc. www.mainsl.com	(763) 416-9182
Modern Day Living.....	(763) 441-1472
MSOCS www.dhs.state.mn.us	(651) 431-2000
Opportunity Manor www.pathwaystoopportunities.org ...	(320) 240-1900
Opportunity Partners www.opportunitypartners.org	(763) 441-0960
Dan & Kathie Peterson.....	(763) 441-8034
REM www.remminnesota.com	(320) 259-6022
Riverside Montage.....	(320) 656-0743
Bob Rudolph.....	(320) 202-9660
Wayne & Sylvia Rudolph.....	(320) 253-5767
Volunteers of America..... www.voamn.org	(763) 633-0648



Subsidized Housing

Housing Coalition of St. Cloud..... (320) 259-7676

~Provides information and support, advocacy and assistance regarding housing for families, singles, the homeless and disabled.

Housing and Urban Development (HUD)

~Provides housing services including a list of apartment complexes with subsidized units, homeless assistance, and community development, public housing and Section 8 programs.... www.hud.gov.....(612) 370-3000

Housing Choice Voucher Program (formerly Section 8 Voucher)

~Rental assistance program that allows the voucher holder to live in any approved housing that meets HUD qualifications. The holder of this voucher will pay approximately 30% of the total household income for housing. Sherburne County residents can apply for this voucher through St. Cloud Housing and Redevelopment Authority (HRA)

HRA, St. Cloud..... (320) 252-0880

Subsidized Apartments

~These apartment buildings were built with federal help and the occupant pays up to 30% of their household income providing all occupants meet the income and eligibility guidelines. This assistance stays with the building. If the occupant moves, they DO NOT take the income eligibility with them.

Subsidized/Low Income Housing Resources:

Anoka County Low Income Housing Information..... (763) 576-2721

Benton County Low Income Housing Information/TRICAP (888) 765-5597

MilleLacs County Low Income Housing Information..... (763) 389-2442

Sherburne County Low Income Housing Information..... (763) 241-2600

Stearns County Low Income Housing Information/HRA..... (320) 252-0880

Tri-Cap..... (888) 765-5597

Wright County Low Income Housing Information..... (763) 682-7414

Emergency Shelters

Anna Maries..... (800) 950-2203, (320) 253-6900

Salvation Army Emergency Shelter..... (320) 252-4552



Vocational/Habilitative Training Programs

Vocational training programs can include, but are not limited to each of the areas listed below:

Competitive Employment

~ Regular jobs paying minimum wages, in community based work settings with non-disabled people. These jobs can be part time or full time and supported with program services or natural supports.

Extended Employment

~ A model of competitive employment that offers individualized job placement, on-the-job training, and follow-up services for the employee by a professional job counselor. Follow up services can be life long. These jobs can be part time or full time.

Supported Employment/Enclaves

~ Group of people with disabilities that perform work in the community business setting. This work crew consists of three or more individuals and an agency job coach. Salaries may be either commensurate wages or piece rate wages.

Center Based Program

~ A setting that provides a vocational based atmosphere that meets the varied work needs and abilities of people. Work options are contracted with community businesses for a variety of in-center production. Salaries are often piece rate wages.

** Funding for individuals to participate in these programs listed above usually comes from an individuals' county of service or Rehabilitation Services and meets eligibility guidelines for this funding.*

Vocational/ Habilitative Training Agencies

- Goodwill*Easter Seals Mission Services**..... (763) 441-2766
- Options Inc.** www.Options-inc.org (763) 263-3684
- Rehabilitation Services**.....Monticello (763) 295-5894
www.deed.state.mn.us/rehab/ St. Cloud (320) 308-2224



Financial Assistance

- Sherburne County Social Services**..... (763) 241-2600
~ For information and/or to apply for Medical Assistance (MA), Minnesota Care, General Assistance (GA), Food Support (FS), Group Residential Housing (GRH) or Emergency Assistance (EA).
- Social Security Administration**... www.ssa.gov(800) 772-1213
~ Social Security Disability Insurance (SSDI) pays benefits to you and certain members of your family if you are “insured”, meaning that you worked long enough, paid Social Security taxes and have a disability.
~ Supplemental Security Income (SSI) pays benefits based on financial need of individuals with a disability.
- Work Incentives Connection** www.mnworkincentives.com(800) 976-6728
~Agency can teach you the effect work will have on your public assistance benefits.



Food Shelves/Programs

- Becker Food Shelf**..... (763) 261-4302
- Big Lake Food Shelf**..... (763) 263-2432
- CAER (Community Aid), Elk River**..... (763) 441-1020
- Clearwater Food Shelf**..... (320) 558-2954
- Fare for All**.....(800) 582-4291
~Located in Sherburne County, provides \$28-35 worth of food for \$12-20 and 2 hours of community service or volunteer work. You can assist them with food give away for your community service hours also.
- Meals On Wheels**..... (763) 241-4434
- Monticello**..... (763) 295-4031
- Princeton Pantry**..... (763) 631-3578
- Salvation Army**.....(320) 252-4552
~Located in St Cloud, provides 5-7 days supply of food every 30 days for Sherburne County residents.



Medical

* Please refer to local listings for medical clinics and hospitals*

Sherburne County Social Services(763) 241-2600
To apply for Medical Assistance, MinnesotaCare or General Assistance Medical Care

Sherburne County Public Health Department..... (763) 241-2750
Services provided through public health include:

KIDS CLINIC, provides health maintenance check ups, immunizations from birth to 20 years old. By appointment only.

Immunization Clinic, is 3rd Thursday each month; some eligibility requirements apply.

Assessments for Personal Care Assistance (PCA) that can provide services to people who need help with activities of daily living and health related functions.

Fetal Alcohol Syndrome Diagnostic Clinic..... (320) 229-4945
~Provides assessment and wrap around services for individuals and families.



Dental Resources

- Agencies accepting MA, Minnesota Care, and payment plans
- Appletree Dental**, Coon Rapids..... (763) 784-7570
Big Lake, MN..... (763) 263-3684
 - Community Dental Center; St. Cloud Technical College** (320) 308-5310
 - Dental Center of America**, St. Cloud..... (320) 229-2205
 - Gentle Dentistry, Ltd**, Coon Rapids..... (763) 225-8448
 - Health Source Dental Clinic**, Cambridge..... (763) 689-7306
 - Hennepin County Medical Center**..... (612) 873-2370
~Clinic primarily deals with extractions and oral surgery.
 - St. Cloud Technical College Dental Hygiene Program**.... (800) 222-1009
~All cleaning and x-rays are completed by students. (320) 308-5051
 - The Smile Center**, Big Lake..... (763) 263-2222 or (866) 748-6684
 - Turtle Cove Dental**, Rogers..... (763) 428-2300
 - UofM Dental Clinics**, Minneapolis..... (612) 625-2495
~All work is completed by students.

Medical Supply/Equipment Companies

- CARE Medical Supply**..... (320) 251-8261
- Coborns**..... (320) 258-4055
- Goodwill Equipment Loan Program**..... (320) 654-9012
- Imperial Medical** (763) 684-1808
- Reliable Medical Supply**..... (763) 684-1778
- Total Medical Supply**..... (763) 784-6140
- Wheelchairs Plus**..... (320) 259-7700



Transportation

- CAER**..... (763) 441-1020
~Car clinic is offered monthly on first come, first serve basis. They assist with some repairs on legal vehicles. Contact CAER for an appointment.
- Faith in Action in Sherburne County**..... (763) 263-4277
~Services, including transportation, provided by volunteers recruited from congregations and general population.
- MediVan**..... (800) 422-0976
- MNet (Minnesota Non Emergency Transportation)**..... (651) 645-9254
~Medical transportation program for individuals on Medical Assistance and MnCare.
- RiverRider**..... (763) 263-0101
~Public transportation that services Sherburne and Wright Counties. Reservations must be made a day in advance and fares vary based on location and destination.
- Rum River Interfaith Caregivers (Princeton area)**..... (763) 389-3762
- Transportation Resource Center**..... (877) 717-1515

Mental Health

- Disability Linkage Line**..... (866) 333-2466
- First Call for Help**..... dial 211
- Four County Adult Mental Health Crisis Response**..... (800) 635-8008
- Mental Health Crisis Line**..... (800) 635-8008
- National Association of Mental Illness (NAMI)** (888) 473-0327
- Sherburne County Social Services**..... (763) 241-2600



Social and Recreational Activities

Central Minnesota Mental Health Center (CMMHC)

~Offers group sessions emphasizing social skills, emotions, assertiveness, and sexuality.

Elk River	(763) 441-3770
Monticello	(763) 295-4001
Buffalo	(763) 682-4400
St. Cloud	(320) 252-5010

Community Education

~Adults with disabilities providing outings and classes for social interaction and learning.

HOPE- Elk River School District #728..... (763) 241-3520

Opening Doors- Buffalo Area School District #877..... (763) 682-8770

Project Challenge- St. Cloud School District #742..... (320) 529-6500

Confidence Learning Center..... (218) 828-2344

www.campconfidence.com

~Year round outdoor education and recreation center for persons of all ages with Developmental Disabilities.

Friends in Faith.....Sharon Zirbel (612) 708-2158

~Faith based group for adults with developmental disability; meets every other Friday night.

Friendship Ventures Services (Camp Friendship)..... (800) 450-8376

~Resident camp and resort options providing both children and adults with disabilities recreational experiences during summer and winter months. Also offers travel opportunities year round and respite care services.

ILICIL, Center for Independent Living, Big Lake..... (763) 227-8738

St. Cloud..... (320) 529-9000

~Provides a number of independent living activities and social/recreational activities and classes.

Meridian Services: Social Recreation Group..... (320) 255-5151

~Provides social activities and transportation in local community. Referral must come from county case manager.

Pathways to Opportunities, www.opportunitymanor.org...(320) 240-1900

~Program tailored to the unique needs of people with disabilities, providing learning opportunities and training in various skill areas.

People First/Sherburne County..... (800) 775-3196

~A group for adults with developmental disabilities that promotes self-advocacy, teaches leadership skills and offers a variety of training.

Special Olympics

~Providing people with developmental disabilities opportunities to train and participate in a variety of individual and team sports, social events, and lifetime activities.

Local participating areas:

Elk River..... (763) 274-0930

-offers bowling, poly-hockey, basketball, woman's volleyball, softball, and track and field

Monticello..... (763) 263-2890

-offers basketball, bocce ball, softball, golf, and bowling

Princeton..... (763) 389-4131

-offers basketball and bowling

Parent and Individual Education & Support

Arc Central Minnesota

www.arccentralmn.org (320) 240-9550 or (800) 775-3196

~Arc Central serves children and adults of all ages with intellectual and other developmental disabilities and their families in 11 counties, including Sherburne County. Core services include information and referral, individual and family education, training and support and individual and family advocacy. Program/services include: Sibshops, People First, Quality Assurance/VOICE, SAM (Self Advocates of Minnesota) and Civic Engagement.

Autism Allies

www.autismallies.org (612) 384-4265

~Nonprofit organization dedicated to improving the lives of individuals with autism and their families by providing support, education and research to help individuals reach their fullest potential.

Autism Society of Minnesota

www.ausm.org (651) 647- 1083

~The Autism Society enhances the lives of persons with autism spectrum disorders. Services/programs include: information and referral, behavioral consultation, newsletters/resource library, camps, parent support groups and advocacy.

Brain Injury Assn. of Minnesota

www.braininjurymn.org (612) 378-2742 or (800) 669-6442

~The Brain Injury Assn. of Minnesota provides help, hope and a voice for Minnesotans who live with a disability as a result of a brain injury. Program/services include resource facilitation, peer/mentor support connections, case management, education, multi-cultural outreach and speakers.

Substitute Decision Making Options

Some individuals with developmental disabilities upon turning 18 years old may continue to need someone to help them make important life decisions. Some options to assist with this can include:

Guardianship

~Guardians can be appointed for an individual to ensure that all aspects of daily living are being provided including food, shelter, clothing, health care and recreation.

Conservator

~Conservator can be appointed to manage and preserve the assets of an individual. More appropriate for individuals with large assets.

Power of Attorney

~ Designates someone to act on an individual's behalf to manage financial affairs; can be specific to a certain task or broad enough to cover many financial duties.

Medical Directive

~ A medical plan put in writing, usually set up with the individual's primary doctor, identifies medical directives that the individual wishes to take place if person is unable to direct their own care.

Other Resources to gain further knowledge on Substitute Decision Making:

Law Help Minnesota..... www.lawhelpmn.org

Minnesota Association for Guardianship and Conservatorship

www.minnesotaguardianship.org

Minnesota Disability Linkage Line..... www.MinnesotaHelp.info



Advocacy, Civil, Legal Rights

The Arc of Minnesota

www.thearcofminnesota.org (651) 523-0823 or (800) 582-5256

~ A non profit, state-wide organization which focuses on Public Policy, grassroots organizing and advocacy. The organization serves children and adults with intellectual and other developmental disabilities and their families.

Arc Central Minnesota

www.thearcofminnesota.org (320) 240-9550 or (800) 775-3196

~A regional chapter of Arc of Minnesota which serves 11 counties and provides advocacy and opportunities for Civic Engagement at the local level for families who have children and adults with intellectual and other developmental disabilities.

Minnesota Disability Law Center

www.mndlc.org (612) 332-1441 or (800) 292-4150

~ Center addresses the unique legal needs of people with developmental and other disabilities. A statewide project, DLC, provides free, civil legal assistance to individuals with disabilities on legal issues that are related to their disability.

PACER

www.pacer.org (952) 838-9000 or (888) 248-0822

~PACER is committed to expanding opportunities and enhancing the quality of life for children and young adults with disabilities and their families. PACER provides a variety of assistance/information with particular emphasis on special education advocacy.

St. Cloud Legal Services

www.midmnlegal.org (320) 253-0121

~ Agency provides legal advice or representation to low-income persons who meet eligibility guidelines in its service area (including Sherburne County) for these legal issues: Immigration, Education, Family, Housing and Public Assistance Benefits.

Down Syndrome Assn. of Minnesota

www.dsamn.org (651) 603-0720 or (800) 511-3696

~Down Syndrome Assn. of Minnesota provides information , resources, and support to individuals with Down Syndrome, their families and their communities. Program/services include parent support groups, resource lending library, conferences/speakers, newsletters, and a variety of informational packets for expectant and new parents and extended family.

Epilepsy Foundation of Minnesota

www.efmn.org (651) 287-2300 or (800) 779-0777

~The Epilepsy Foundation of Minnesota is a non-profit organization focused on enhancing the quality of life of those affected by seizures. The Foundation provides epilepsy awareness and education programs, information and referral, advocacy and support, youth and family programs and a used clothing donation center.

Minnesota Services for the Blind & Visually Impaired

www.mnssb.org(320) 308-4800, TTY (320) 308-6401

~Provides vocational counseling, training, job placement, psychological testing, rehabilitation counseling and help with specialized equipment to anyone of any age in Minnesota who has a vision loss that creates barriers to their vocational or personal independence.

Minnesota Services for the Deaf and Hard of Hearing

www.dhs.state.mn.us (320) 255-3502, TTY (866) 488-3909

~Contracts with Regions Hospital to provide short term counseling, telephone equipment distribution program, sign language interpreter referrals, information, referral and ADA issues.

United Cerebral Palsy of Central Minnesota

www.ucpcentralmn.org (888) 616-3726

~United Cerebral Palsy serves people with disabilities related to Cerebral Palsy in Stearns, Benton and Sherburne Counties. Programs and service include information and referral, financial assistance for equipment, public education, assistive technology and scholarships for post-secondary education.

Abuse/ Neglect/ Protection Services

Anna Marie’s Shelter..... (320) 253-6900

Central MN Sexual Assault Center..... (320) 251-4357; (800) 237-5090

MN Domestic Violence Crisis Line..... (866) 223-1111

Rivers of Hope..... (763) 295-3433; (800) 439-2642

Sherburne County Social Services..... (763) 241-2600

STARS Children’s Mental Health www.starsnetwork.org (763) 271-5321

Clothing/Furniture/Household Items

CAER.....Elk River (763) 441-1020

Goodwill Easter Seals.....Elk River (763) 274-1823
Waite Park (320) 654-9527

Princeton Used Clothing Center.....(763) 389-8380

Salvation Army Thrift Store..... St. Cloud (320) 251-7554
Elk River (763)274-2764

Twice As Nice.....Zimmerman (763) 856-9220



Energy Assistance Programs

Tri-Cap.....www.tricap.org..... (888) 765-5597



Tax Assistance Program:

Call United Way 2-1-1 for free tax site locations; www.unitedwaytwincities.org

AARP Tax Aide..... (888) 227-7669



Telephone Assistance Program

Program through Department of Human Services that provides help with local telephone bills of low income aged or disabled people; DHS form 2870 must be submitted. www.puc.state.mn.us/consumer/assist/tsd1.htm