



The Trauma-Informed Community

Brief Overview

The typical demands placed on children within the classroom environment overwhelm children with traumatic histories to the point they decompensate and they exhaust their windows of stress tolerance. The result is often academic failure. Unfortunately, the fallout from this typically bleeds into our communities with children falling into the hands of the courts and the juvenile justice system. Explanations as to why children act out in negative, resistant, defiant, and socially inappropriate ways will be given based on the science of the developing brain. A fresh perspective with loving but scientifically-based options for parents, educators, professionals, and community leaders will be given to help change the negative cycle we've seen happening in our culture.

Date: Friday, March 2, 2018

Time: 8:30 a.m. – 10:15 a.m. Presentation of The Trauma-Informed Community

10:15 a.m. – 11:00 a.m. How to implement a trauma-informed community in Sherburne County (questions and discussion)

11:00 a.m. – 12:00 p.m. Small group discussion to plan implementation of trauma-informed agencies and schools

Place: Becker High School
Performing Arts Center
Enter Door #3
12000 Hancock St. SE

Books by Heather

Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Sever Behaviors, Volume 1

Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Sever Behaviors, Volume 2

Help for Billy: A Beyond Consequence Approach for Helping Challenging Children in the Classroom

Help for Billy: Book Study

The Trauma-Informed School: A Step-by-Step Implementation Guide for Administrators and School Personnel

*Sponsored by Sherburne County BRIDGES Children's Mental Health Collaborative and the Families Achieving Success Today "FAST" Program (Sherburne County Health and Human Services and Greater Minnesota Family Services.)

NO COST EVENT!

Key Learning Objectives

1. Be able to identify the fear, the feeling of being overwhelmed, and/or the stress that causes a child to have academic and behavioral challenges.
2. Understand the concept of "window of stress tolerance" and how to help children and youth expand these windows.
3. Understand how trauma impacts a child's ability to learn and process consequences.
4. Understand how to create an environment within the school and community to prepare children to become productive and happy young adults.

