



The Difference Between Bad Behavior and Developmental Trauma

Brief Overview

We often underestimate the impact of trauma on a child's development. Unpredictable, unstructured, and emotionally or physically hurtful experiences can create heightened states of autonomic arousal, anxiety, depression, mood changes, irritability, agitation, non-reality thinking, and a general pattern of disorganized behaviors. Tokens and other non-effective behavioral strategies not only do not work, they often make it worse for these students as this is a developmental trauma issue, not a behavioral issue. A social-emotional approach is needed to help these students excel to their highest academic potential. Explanations of how to do this from a scientific brain-based perspective will be explained and demonstrated in this presentation.

Date: Friday, March 2, 2018

Time: 12:15 p.m. – 3:15 p.m.

Place: Becker High School
Performing Arts Center
Enter Door #3
12000 Hancock St. SE
Becker, MN 55308

Books by Heather

Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Severe Behaviors, Volume 1

Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Severe Behaviors, Volume 2

Help for Billy: A Beyond Consequence Approach for Helping Challenging Children in the Classroom

Help for Billy: Book Study

The Trauma-Informed School: A Step-by-Step Implementation Guide for Administrators and School Personnel

*Sponsored by Sherburne County BRIDGES Children's Mental Health Collaborative and the Families Achieving Success Today "FAST" Program (Sherburne County Health and Human Services and Greater Minnesota Family Services.)

NO COST EVENT!

Key Learning Objectives

1. Be able to comprehend what it means to be regulated or dysregulated and how this relates to early nurturing experiences.
2. Be able to identify developmental deficits instead of viewing them as behavioral issues.
3. Gain an understanding of how the various levels of development can either be positively or negatively impacted by trauma.
4. Learn how to address social, emotional, and other developmental deficits.

