



# Developmental Trauma

**NO COST EVENT!**

## Brief Overview

Exposure to trauma during the most critical developmental years of a child's life can have a profound and life-long impact. So many of our children's histories are plagued with multiple layers of chronic and prolonged abuse, abandonment, and/or neglect. There is nothing simple about it. The result is "Complex Trauma." The multiple challenges faced on a day-in-and-day-out basis for those working with or parenting these children can be overwhelming. This presentation will look at the different levels of development that are compromised due to experiencing trauma during the critical periods of childhood, including cognitive, language, academic, physical, social, and emotional development. More importantly, solutions to help children overcome these developmental deficits will be given.

**Date:** Thursday, March 1, 2018

**Time:** 12:30 p.m. – 4:00 p.m.

**Place:** Becker High School  
Performing Arts Center  
Enter Door #3  
12000 Hancock St. SE  
Becker, MN 55308

## Books by Heather

Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Sever Behaviors, Volume 1

Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Sever Behaviors, Volume 2

Dare to Love: The Art of Merging Science and Love Into Parenting Children with Difficult Behaviors.

\*Sponsored by Sherburne County BRIDGES Children's Mental Health Collaborative and the Families Achieving Success Today "FAST" Program (Sherburne County Health and Human Services and Greater Minnesota Family Services.)

## Key Learning Objectives

1. Understand how early life experiences, including in-utero trauma, impact children throughout their entire developmental journey.
2. Learn how early parent/child relationships impact the social wiring of the brain.
3. Gain an understanding of how the various levels of development can either be positively or negatively impacted by trauma.
4. Understand how trauma wires the brain to become rigid, concrete, and in need of predictability.
5. Learn proactive ways to methodically teach children how to overcome their developmental deficits.

